

# Swim Lessons

**Register Now**

# 2009



## **Session I**

**June 1-4, 8-11**

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## **Session II**

**June 15-18, 22-25**

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## **Session III**

**June 29- July 2, 6-9**

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## **Session IV**

**July 13-16, 20-23**

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## **Session V**

**July 27-30, Aug. 3-6**

## **Class Levels**

**Parent-Tot**

**Beginner**

**Intermediate**

**Pre-Beginner**

**Adv. Beginner**

**Adult Beginner**

## **Class Times**

**9:45-10:20 a.m.**

**10:30-11:05 a.m.**

**11:15-11:50 a.m.**

**5:15-5:50 p.m.**

**\$24 Residents  
\$40 Non-residents**

**Greenwood  
Parks & Recreation**

For more information: 881-4545, [www.greenwood.in.gov](http://www.greenwood.in.gov)

## **Parent-Tot**

***Children must be accompanied by a parent or trusted adult during class***

Introduces child to the water through games and play.

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## **Pre-Beginners (4-5 year olds)**

***Must be able to stand in 2½ feet of water by themselves***

Helps children feel comfortable in the water.  
Learn to submerge face through games and play.

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## **Beginners (at least 6 years old)**

***Must be able to stand in 2½ feet of water by themselves***

Child has no difficulty submerging face. Learn to float unsupported and are introduced to front and back crawl stroke.

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## **Advanced Beginners**

***Must have passed Beginner level***

Child has passed Beginner skill level or can demonstrate Beginner skills. Learn to coordinate front and back crawl stroke and are introduced to elementary backstroke.

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## **Intermediate/Swimmer**

***Must have passed Advanced Beginner level***

### ***Intermediate***

Child can perform front and back crawl stroke proficiently. Learn elementary backstroke and are introduced to breaststroke and sidestroke.

### ***Swimmer***

Child should be able to swim at least 25 yards of front and back crawl stroke and elementary backstroke. Increases endurance and coordination of breaststroke and sidestroke.

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## **Adult Beginner**

***One time only – 5:15 p.m.***

Learn to float unsupported and are introduced to front and back crawl stroke.